



# IHA

## INSTITUTE OF

## HEALTHY AGING

### PEELS

Chemical Peels are treatments designed to improve subtle imperfections and blemishes in the skin as well as smooth, retexturise and reduce uneven skin concerns

Lamelle Lacti30/10 (Hydration) 30min **R750**

Lamelle Alpha30 (Sun Damage) 30min **R750**

Lamelle Beta20 (Acne spot treatment) 30min **\*\*From R650**

Lamelle Beta15Plus (Mild breakouts) 30min **R750**

SkinCeuticals GL Peel (Fine lines, retexturising) 45min **R750**

SkinCeuticals MicroPeel30 (Retexturising/Rough texture) 45min **R750**

#### Step Up Peels: (Recommended: 3 sessions, 2-6 weeks apart)

SkinCeuticals Pigment Balancing Peel (Vit C booster) 45min **R1000**

RegimA Power Peels 30/50 (Overall Glow) 45min **R750**

Lamelle Synergy Peel (TCA, Boosts Collagen&Elastin) 45min **R1000**

Lamelle Rice Bran Peel (Age Prevention/Skin Brightening- Leave on peel)  
45min **R1000**

Neostrata Retinol Peel (20%, Advanced Anti-aging- Leave on peel) 45min  
**R1500**



Specific Peels & Protocols:

- Pigment protocol: (Mesoestetic Melantranex Concentrate to accompany)  
Mesoestetic Melanostop ProPeel (Melasma, pigmentation) (45min) **R1000**  
**\*add focal Melanoplus Touch MD R1500 (stubborn sun spots)**
- Mesoestetic Melanoplus Touch MD (TCA, Advanced pigmentation) (60min)  
**R1750**

Cosmelan (Advanced Gold Standard Professional Pigment Correction) (**Please enquire**)

Dermamelan Intimate (Depigmenting for intimate areas) (**Please enquire**)

**-Rosacea/Acne protocol:**

Mesoestetic Azelan MD (Strengthens capillary walls of burst vessels) (45min)  
**R1000**

SkinTech Easy Phytic (Anti inflammatory-Leave on peel) (45min) **R1000**

**-Eye Peel: Puffiness, brightening and firming:**

Mesoestetic Periocular MD (30min) **\*add on to any other treatment for R500**  
**(Stand alone treatment R750)**

**Packages: Mesoestetic**

- 1. GLOW:** Melanostop ProPeel + Melanostop Touch MD + Melanostop ProPeel  
(Winter skin reset)  
(30-45min each)  
6 week treatment cycle  
**R3500**
- 2. Event Prep:** Melantranex/Azelan MD + Crystal Fibre Mask + LED Therapy  
(45min)  
**R1900**

- 3. Moderate - Stubborn Pigmentation:** (Recommended 3 sessions, 2 weeks apart) (90min each)

Melanostop ProPeel **(R1000 each)**

Depigmenting Solution Product Depositing MicroNeedling (**Full face:**  
**R1450+R350= R1800**)

Ideally in combination in 1 session (**combination session R2300**)

**For best results add in these 2 homecare products:**

- 1x Mesoestetic Melantranex concentrate (To accompany POR)
- 1x Heliocare SPF gel (To accompany POR)



## PRODUCT DEPOSIT MICRONEEDLING

Superficial Microneedling only for the purpose of getting actives deeper into the skin- usually combined with Select Peels

Needle Price included in the price

Face and Neck (60min) **R1450**

+Added Serums **R350**

## DERMAPEN

Collagen Induction Therapy (CIT) - a cosmetic procedure that uses tiny needles to create micro-injuries in the skin, stimulating the body's natural wound healing process and boosting collagen production

Needle Price, Numbing Cream and Aftercare included in the price

Face and Neck (75min) **R2080**

Face, Neck and Chest (90min) **R2580**

+Added Area (eg Hands) (added 15min) **R500**

PER area 10x10 (Stretch Marks) (60min) **R1100**

+Added Serums **R350**

## CARBOXY

Carboxy is a cosmetic treatment involving the injection of carbon dioxide (CO<sub>2</sub>) under the skin. It's used to rejuvenate the skin, improve circulation, and address various aesthetic concerns like stretch marks, cellulite, and dark circles

Eyes (30min) **R750**

Eyes and Lips (30min) **R850**

Full Face (45min) **R1000**

PER area Body (eg Thighs) (30min) **R650**





# PRICE LIST

## LASER

Cutera Xeo: 5mm/7mm

NdYag 1064nm: LASER GENESIS

3000 Shots (45min) **R1850**

5000 Shots (45min) **R2750**

8000/12 000 Shots (60min) **R2800+**

Alma Accent: Radio Frequency/ Ultra Sound (Cavitation)

Tightenting/Fat Dissolving (45min) **R1200+**

Alma Fraxel: Full Face and Neck (75min) **R4500**

Per area eg. Eyes/ Top Lip (45min) **R2000**

\*added Chemical Peel to NdYag (added 15min) +R600

## ADVANCED/ADDITIONAL

PRP Vampire facial (90min) (Ultimate Rejuvenation) **R5500**

Vital Skin Booster (90min) (Deep Hydration/ Plumping) **R5500**

LED Therapy (30min) (Recovery) **R250**

Transderm (45min) (Hydration) **R500**

Tinting/ Facial waxing: Per area (15min) **R100-150**

Dermaplaning ("Fluff" removal and Exfoliation) (30min) **R650**

Cautery: Per Area (30min) (Nose Veins Removal) **R500**

Deep Cleansing Facial (60min) (eg. Teens/ Pregnancy) **R1000**

## HAIR STIMULATION

Treatment determined by consult

**R2800-3450**

10 KLOOF ROAD  
SEA POINT  
CAPE TOWN

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