



IHA

INSTITUTE OF HEALTHY AGING

PEELS

Chemical Peels are treatments designed to improve subtle imperfections and blemishes in the skin as well as smooth, retexturise and reduce uneven skin concerns

Lamelle Lacti30/10 (Hydration) 30min **R750**

Lamelle Alpha30 (Sun Damage) 30min **R750**

Lamelle Beta20 (Acne spot treatment) 30min ****From R650**

Lamelle Beta15Plus (Mild breakouts) 30min **R750**

SkinCeuticals GL Peel (Fine lines, retexturising) 45min **R750**

SkinCeuticals MicroPeel30 (Retexturising/Rough texture) 45min **R750**

Step Up Peels: (Recommended: 3 sessions, 2-6 weeks apart)

SkinCeuticals Pigment Balancing Peel (Vit C booster) 45min **R1000**

RegimA Power Peels 30/50 (Overall Glow) 45min **R750**

Lamelle Synergy Peel (TCA, Boosts Collagen&Elastin) 45min **R1000**

Lamelle Rice Bran Peel (Age Prevention/Skin Brightening- Leave on peel)
45min **R1000**

Neostrata Retinol Peel (20%, Advanced Anti-aging- Leave on peel) 45min
R1500

Specific Peels & Protocols:

-Pigment protocol: (Mesoesthetic Melantranex Concentrate to accompany)

Mesoesthetic Melanostop ProPeel (Melasma, pigmentation) (45min) **R1000**

***add focal Melanoplus Touch MD R1500 (stubborn sun spots)**

- Mesoesthetic Melanoplus Touch MD (TCA, Advanced pigmentation) (60min) **R1750**

Cosmelan (Advanced Gold Standard Professional Pigment Correction) **(Please enquire)**

Dermamelan Intimate (Depigmenting for intimate areas) **(Please enquire)**

-Rosacea/Acne protocol:

Mesoesthetic Azelan MD (Strengthen capillary walls of burst vessels) (45min) **R1000**

SkinTech Easy Phytic (Anti inflammatory-Leave on peel) (45min) **R1000**

-Eye Peel: Puffiness, brightening and firming:

Mesoesthetic Periocular MD (30min) ***add on to any other treatment for R500 (Stand alone treatment R750)**

Packages: Mesoesthetic

1. **GLOW:** Melanostop ProPeel + Melanostop Touch MD + Melanostop ProPeel (Winter skin reset)

(30-45min each)

6 week treatment cycle

R3500

2. **Event Prep:** Melantranex/Azelan MD + Crystal Fibre Mask + LED Therapy (45min)

R1900

3. **Moderate - Stubborn Pigmentation:** (Recommended 3 sessions, 2 weeks apart) (90min each)

Melanostop ProPeel **(R1000 each)**

Depigmenting Solution Product Depositing MicroNeedling **(Full face: R1450+R350= R1800)**

Ideally in combination in 1 session **(combination session R2300)**

For best results add in these 2 homecare products:

1x Mesoesthetic Melantranex concentrate (To accompany POR)

1x Heliocare SPF gel (To accompany POR)



PRODUCT DEPOSIT MICRONEEDLING

Superficial Microneedling only for the purpose of getting actives deeper into the skin- usually combined with Select Peels

Needle Price included in the price

Face and Neck (60min) **R1450**

+Added Serums **R350**

DERMAPEN

Collagen Induction Therapy (CIT) - a cosmetic procedure that uses tiny needles to create micro-injuries in the skin, stimulating the body's natural wound healing process and boosting collagen production

Needle Price, Numbing Cream and Aftercare
included in the price

Face and Neck (75min) **R2080**

Face, Neck and Chest (90min) **R2580**

+Added Area (eg Hands) (added 15min) **R500**

PER area 10x10 (Stretch Marks) (60min) **R1100**

+Added Serums **R350**

CARBOXY

Carboxy is a cosmetic treatment involving the injection of carbon dioxide (CO₂) under the skin. It's used to rejuvenate the skin, improve circulation, and address various aesthetic concerns like stretch marks, cellulite, and dark circles

Eyes (30min) **R750**

Eyes and Lips (30min) **R850**

Full Face (45min) **R1000**

PER area Body (eg Thighs) (30min) **R650**





Price list



LASER

Cutera Xeo: 5mm/7mm

NdYag 1064nm: LASER GENESIS

3000 Shots (45min) **R1850**

5000 Shots (45min) **R2750**

8000/12 000 Shots (60min) **R2800+**

Alma Accent: Radio Frequency/ Ultra Sound (Cavitation)

Tightenting/Fat Dissolving (45min) **R1200+**

Alma Fraxel: Full Face and Neck (75min) **R4500**

Per area eg. Eyes/ Top Lip (45min) **R2000**

***added Chemical Peel to NdYag (added 15min) +R600**

ADVANCED/ADDITIONAL

PRP Vampire facial (90min) (Ultimate Rejuvenation) **R5500**

Vital Skin Booster (90min) (Deep Hydration/ Plumping) **R5500**

LED Therapy (30min) (Recovery) **R250**

Transderm (45min) (Hydration) **R500**

Tinting/ Facial waxing: Per area (15min) **R100-150**

Dermaplaning ("Fluff" removal and Exfoliation) (30min) **R650**

Cautery: Per Area (30min) (Nose Veins Removal) **R500**

Deep Cleansing Facial (60min) (eg. Teens/ Pregnancy) **R1000**

HAIR STIMULATION

Treatment determined by consult

R2800-3450

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