



HYDRATION/SENSITIVITY

PEELS

LAMELLE LACTIC	R700
LAMELLE CATHEPZYME	R700

VITALE

SKIN BOOSTERS TREATMENT	PRICE ON REQUEST
PER VIAL	

CARBOXY

EYES	PRICE ON REQUEST
FULL FACE	
BODY PER AREA	

TRANSDERM

STANDARD	R500
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LED

20MIN	R250
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DERMAPEN

PER AREA (10X10CM SPOT)	R1000
FACE	R1500
FACE NECK	R1700
FACE NECK AND CHEST	R2200
FACE NECK CHEST HANDS	R2500
DERMAPEN ADDITIVES	R350

OTHER

BODY SUN SPOTS

PEELS	
SKINCEUTICALS ADVANCED	R500+
CORRECTIVE PEEL	R500+
LAMELLE TCA 15%	

BODY CONTOURING

ALMA	
RADIOFREQUENCY	
PER AREA	
ULTRASOUND	
PER AREA	R2500+

CARBOXY

POR

HAIR

PRP	
SCALP SMALL	R3000
SCALP LARGE	R4000
HAIR FILLER	R2200

TINT&WAX

BROW TINT	R100
BROW WAX	R100
LASH TINT	R100
ONE FACIAL AREA	
WAX IE.	
NOSE/CHIN/LIP	R100

MASK AND MASSAGE CAN BE ADDED AT
R250.00+

VISIT US!

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BUILD YOUR SKIN JOURNEY





FIND YOUR CONCERN AND CIRCLE YOUR JOURNEY

ALL TREATMENTS INCLUDE A
CONSULTATION WITH YOUR SKIN
THERAPIST TO CONFIRM THE BEST
OPTION/COMBINATIONS FOR YOUR SKIN

MASK AND MASSAGE CAN BE ADDED AT
R250+

REJUVENATION

PEELS	
SKINTECH EASY TCA	R2500
SKINCEUTICALS PIGMENT	
BALACING PEEL	R1000
NEOSTRATA RETINOL	R1250
REGIM A POWER PEELS	R700
MESOESTETIC PERIOCLAR	
PEEL	R500
LAMELLE/SKINCEUTICALS	
GLYCOLIC PEEL	R700
PRP/ VAMPIRE FACIAL	
FACE	PRICE ON
FACE NECK	REQUEST
FACE NECK CHEST	
FACE NECK CHEST HANDS	
LASER	
CUTERA LASER GENESIS 5MM	
EXPRESS	R1400
FULL FACE	R2300
TITAN	R80/SHOT
LED	
20MIN	R250

SUN DAMAGE/VEINS

PEELS		DERMAPEN	
SKINTECH EASY TCA	R2500	PER AREA (10X10CM SPOT)	R1000
SKINTECH EASY DROXY	R1000	FACE	R1500
SKINCEUTICALS PIGMENT	R1000	FACE NECK	R1700
BALACING PEEL		FACE NECK AND CHEST	R2200
NEOSTRATA RETINOL	R1250	FACE NECK CHEST HANDS	R2500
REGIM A POWER PEELS	R700		
LAMELLE OR SKINCEUTICALS	R700	DERMAPEN ADDITIVES	R350
GLYCOLIC			
LASER			
CUTERA LASER GENESIS 5MM			
EXPRESS	R1400		
FULL FACE	R2300		
LED			
20MIN	R250		

PIGMENTATION

PEELS		DERMAPEN	
SKINTECH EASY TCA	R2500	PER AREA (10X10CM SPOT)	R1000
SKINTECH EASY DROXY	R1000	FACE	R1500
SKINCEUTICALS PIGMENT	R1000	FACE NECK	R1700
BALACING PEEL		FACE NECK AND CHEST	R2200
NEOSTRATA RETINOL	R1250	FACE NECK CHEST HANDS	R2500
REGIM A POWER PEELS	R700		
PRP/ VAMPIRE FACIAL		DERMAPEN ADDITIVES	R350
FACE	PRICE ON		
FACE NECK	REQUEST		
FACE NECK CHEST			
FACE NECK CHEST HANDS			
LASER			
CUTERA LASER GENESIS 5MM			
EXPRESS	R1400		
FULL FACE	R2300		
LED			
20MIN	R250		

ALMA	
RADIOFREQUENCY	
PER AREA	R1000
FULL FACE	R1800
FULL FACE AND NECK	R1800

DERMAPEN	
PER AREA (10X10CM SPOT)	R1000
FACE	R1500
FACE NECK	R1700
FACE NECK AND CHEST	R2200
FACE NECK CHEST HANDS	R2500

DERMAPEN ADDITIVES	R350
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CARBOXY	
EYES	PRICE ON
FULL FACE	REQUEST
BODY PER AREA	

TRANSDERM	
STANDARD	R500

CONGESTION/PIMPLES

PEELS		DERMAPEN	
SKINTECH EASY PHYTIC		PER AREA (10X10CM SPOT)	R1000
(8HOUR LEAVE-ON PEEL)	R700	FACE	R1500
LYCODERM		FACE NECK	R1700
SALICYLIC/MANDELIC	R700	FACE NECK AND CHEST	R2200
		FACE NECK CHEST HANDS	R2500
LASER		DERMAPEN ADDITIVES	R350
CUTERA LASER GENESIS			
5MM			
EXPRESS	R1400		
FULL FACE	R2300		

LED	
20MIN	R250

HIGH FREQUENCY	
20MIN	R500



TREATMENT GLOSSARY

LASER

CUTERA XEO IS A COMPLETELY CUSTOMIZABLE LASER AND LIGHT-BASED SYSTEM OPTIMIZED TO IMPROVE THE WIDEST RANGE OF TODAY'S MOST COMMON NONSURGICAL AESTHETIC CONCERNS- SUCH AS SPECIFIC PIGMENT, REDDENING AND REJUVENATION CONCERNS

ND:YAG

LASER GENESIS

A GENTLE LASER THAT STIMULATES COLLAGEN PRODUCTION BY GENTLY HEATING THE DERMIS OF THE SKIN. THIS TREATMENT WILL REFINE PORES, SOFTEN FINE LINES AND WRINKLES, BREAK UP PIGMENTATION AND DIFFUSE REDNESS. ROSACEA AND BROKEN CAPILLARIES ARE BANISHED WITH THE ND YAG. THE TREATMENT HAS LITTLE TO NO DOWN TIME AND THE EFFECTS ARE CUMULATIVE. THIS IS A GREAT TREATMENT FOR A GLOWING SKIN.

TRANSDERM

TRANSDERMAL DELIVERY IS NOT A NEW CONCEPT. FOR MANY YEARS, TECHNOLOGIES SUCH AS DC CURRENT, IONTOPHORESIS, ELECTROPORATION, AND ULTRASOUNDS HAVE BEEN PROVIDING THE BENEFITS OF TRANSDERMAL DELIVERY, HOWEVER, THEY ALL HAD THEIR OWN LIMITATIONS. SO THAT YOU HAVE A BETTER UNDERSTANDING OF HOW WE DEVELOPED OUR NEWEST TECHNOLOGY, DERMOELECTROPORATION, WE THOUGHT WE WOULD PROVIDE YOU WITH THE LIMITS OF THE EXISTING TECHNOLOGIES FIRST.

PEELS

A CHEMICAL PEEL IS GENERALLY A LIQUID SOLUTION USED TO IMPROVE AND SMOOTH THE TEXTURE OF THE SKIN. THE FACE IS MOST COMMONLY TREATED. CONCERNS SUCH AS SCARRING, PIGMENTATION DEHYDRATION, AS EXAMPLES, CAN BE IMPROVED. THE CHOSEN PEEL SOLUTION INDUCES A CONTROLLED INJURY TO THE SKIN. DIFFERENT INGREDIENTS ARE CHOSEN FOR DIFFERENT SKIN CONCERNS.

AS THE FACIAL SKIN IS NATURALLY AT AN ACIDIC STATE, AN ACIDIC INGREDIENT IS BEST SUITED TO ACHIEVE RESULTS.

ALMA

ALMA ACCENT IS THE MOST ADVANCED WORKSTATION FOR SKIN TIGHTENING & BODY CONTOURING.THE TREATMENT COMBINES ULTRASOUND (US) AND RADIO FREQUENCY (RF) TECHNOLOGIES TO DELIVER EFFECTIVE, HIGHLY CUSTOMIZED TREATMENTS WITH NATURAL, LONG LASTING RESULTS.

THE US ENERGY IS DISTRIBUTED HOMOGENOUSLY THROUGHOUT THE TREATMENT AREA, EFFECTIVELY DISRUPTING STUBBORN FAT CELLS.

RF POWER IS THEN USED TO PRODUCE THERMAL DEEP HEATING TO THE TISSUE, RESULTING IN MORE CONCENTRATED ENERGY TREATMENT. THIS UNIQUE COMBINATION REDUCES TREATMENT TIME AND NUMBER OF SESSIONS WHILE YIELDING MORE POWERFUL RESULTS.

CARBOXY

CARBOXY IS A REVOLUTIONARY SKIN REJUVENATION TREATMENT AND HAS CHANGED THE WAY IN WHICH WE TREAT THE SKIN WITHIN AESTHETICS. CARBOXY IS GREAT WHEN COMBINED WITH PEELS AND OTHER LASER TREATMENTS. IT INVOLVES INJECTIONS OF CARBON DIOXIDE USING A MICRO-FINE NEEDLE. THE GAS CAN BE ADMINISTERED AT DIFFERENT DEPTHS IN THE SKIN DEPENDING ON THE TARGET OF THE TREATMENT.

RESULTING IN INCREASED BLOOD FLOW TO THE TARGETED AREA. THIS BREAKS DOWN FATTY DEPOSITS, INCREASES BLOOD FLOW AND HELPS TO STIMULATE GROWTH FACTORS. THE GAS IS DIFFUSED AND ABSORBED BY THE BODY. THIS PROCEDURE IS SAFE AND EFFECTIVE FOR ALL SKIN TYPES AND SKIN CONDITIONS. CARBOXY OFFERS MINIMAL DISCOMFORT AND NO DOWN TIME, ALLOWING YOU TO GO ABOUT YOUR NORMAL DAILY ACTIVITIES.

PRP/ VAMPIRE FACIAL

PRP IS THE SCIENCE OF TAKING BLOOD FROM YOUR ARM, SPINNING IT DOWN AND PUTTING ONLY THE CONCENTRATED GROWTH FACTORS BACK INTO YOUR BODY.

STUDIES HAVE SHOWN THAT PRP ACTUALLY STIMULATES THE FORMATION OF NEW FIBROBLASTS IN ADULT SKIN. THIS MEANS THAT WE CAN NOT ONLY STIMULATE OUR EXISTING FIBROBLASTS WITH LASER THERAPY TO MAKE NEW SCAFFOLDING, BUT BY ADDING PRP, WE CAN NOW TELL THE SKIN TO MAKE BRAND NEW FIBROBLAST CELLS. WE HAVE TAKEN THIS INFORMATION AND ARE USING PRP IN THE SKIN MORE EFFECTIVELY BY DOING FRAXEL LASER ON THE FACE TO DELIVER PRP GROWTH FACTORS, ALSO WITH DERMAPEN, WHICH SINK THROUGH THE GAPS MADE BY THE DEVICES INTO THE DEEPEST LAYERS OF THE SKIN. THE LASER STIMULATES SCAFFOLD FORMATION AND THE PRP STIMULATES NEW FIBROBLASTS TO MAKE EVEN MORE SCAFFOLDING.

DERMAPEN

THE DERMAPEN USES MULTIPLE NEEDLES THAT PIERCE THE SKIN WITH AN AUTOMATIC VIBRATING FUNCTION. THIS TREATMENT STIMULATES NATURAL COLLAGEN REPRODUCTION BY CAUSING MINUTE INJURIES ON THE SKIN'S SURFACE. THE DERMAPEN SKIN REJUVENATION TREATMENT HAS GREAT RESULTS AND THERE APPEARS TO BE MUCH LESS EPIDERMAL DAMAGE.

THE AUTOMATIC, HIGH SPEED VIBRATING FUNCTION OF THE DERMAPEN INCREASES THE EFFECTIVENESS OF THE TREATMENT BY RAPIDLY CREATING MULTIPLE INSERTIONS, QUICKLY AND CLINICALLY. THE CHANNELS CREATED CAN CARRY UP TO 80% MORE TOPICAL NUTRIENTS, ALLOWING FOR DIRECT DELIVERY INTO THE SKIN CELLS.

LED

LIGHT EMITTING DIODE THERAPY IS A SKINCARE TREATMENT THAT USES VARYING WAVELENGTHS OF LIGHT, INCLUDING RED AND BLUE, TO IMPROVE THE SKIN'S CIRCULATION AND COLLAGEN PRODUCTION, AND DECREASE INFLAMMATION.

THIS TREATMENT IS A GREAT ADD-ON TO ANY TREATMENT TO HELP BOOST THE SKIN'S GLOW AND HEALTH, WITH IMMEDIATE EFFECTS.

HAIR

OUR APPROACH TO HAIR RESTORATION IS BOTH INTERNAL AND EXTERNAL.

WE OFFER A PROCEDURE CALLED PRP (PLATELET RICH PLASMA) WHICH IS THE SCIENCE OF TAKING BLOOD FROM YOUR ARM, SPINNING IT DOWN AND PUTTING ONLY THE CONCENTRATED GROWTH FACTORS BACK INTO YOUR BODY.

IN THE CASE OF HAIR RESTORATION WE APPLY THE CONCENTRATED GROWTH FACTORS ONTO YOUR SCALP. WE THEN FOLLOW THIS PROCESS WITH A DERMA ROLLER TO DRIVE THE GROWTH FACTORS INTO THE SCALP. THIS STIMULATES NEW HAIR FOLLICLES OVER TIME. WE ALSO SUPPLY YOU WITH A HOME ROLLER KIT TO BE USED AT HOME 3 TIMES A WEEK AT YOUR OWN CONVENIENCE. IN ADDITION WE OFFER SUPPLEMENTATION WHICH WILL AID THE PROCESS OF HAIR RESTORATION.



VITAMINS

IV DRIPS

FOUNDED ON THE PRINCIPLES OF WELLNESS THROUGH DRIPS, THE POWERFUL COCKTAIL OF RECOVERY VITAMINS IS DELIVERED STRAIGHT INTO YOUR BLOODSTREAM. THERE IS NO DOWNTIME AND YOU ARE ABLE TO RESUME YOUR NORMAL ACTIVITIES RIGHT AWAY. WITH ALL THE BENEFITS AND NO SIDE-EFFECTS, IT'S EASY TO SEE WHY IV INFUSION THERAPY IS BECOMING SO POPULAR. SO MUCH EASIER THAN PILLS, CREAMS, AND POTIONS TO KEEP YOU HEALTHY AND STRONG. JUST A QUICK 15-MINUTE TREATMENT SEES THAT YOU GET THE VITAMINS AND ANTIOXIDANTS THAT YOUR BODY NEEDS.

VISIT US!

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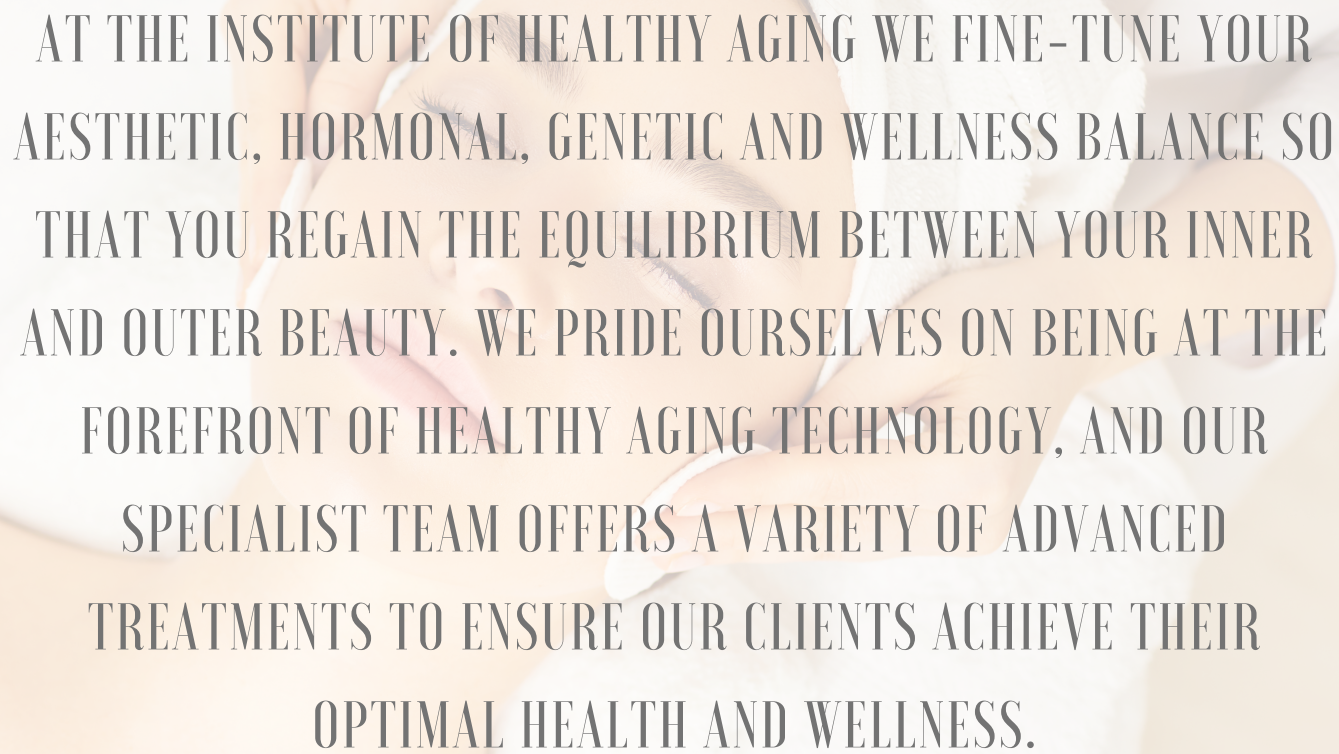
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DR DUNCAN CARMICHAEL

 **IHA**
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AT THE INSTITUTE OF HEALTHY AGING WE FINE-TUNE YOUR AESTHETIC, HORMONAL, GENETIC AND WELLNESS BALANCE SO THAT YOU REGAIN THE EQUILIBRIUM BETWEEN YOUR INNER AND OUTER BEAUTY. WE PRIDE OURSELVES ON BEING AT THE FOREFRONT OF HEALTHY AGING TECHNOLOGY, AND OUR SPECIALIST TEAM OFFERS A VARIETY OF ADVANCED TREATMENTS TO ENSURE OUR CLIENTS ACHIEVE THEIR OPTIMAL HEALTH AND WELLNESS.

BOTULIN TOXIN INJECTIONS

BOTOX® WORKS BY RELAXES MUSCLES BY STOPPING THE NERVE SENDING MESSAGES TO THE MUSCLE FOR A THREE MONTH PERIOD. DURING THIS TIME THE HABIT OF FROWNING IS BROKEN AND THE WRINKLES CAUSED BY THE MOVEMENT IRON OUT.

DERMAL FILLERS

THESE FILLERS ARE USED TO FILL A CREASE OR PLUMP UP CHEEKS, LIPS AND CHINS TO SCULPT FACES AND BRING BALANCE TO BEAUTY.

STEM CELLS

STEM CELLS ARE QUIETLY REVOLUTIONIZING MODERN MEDICINE. STEM CELLS ARE UNDIFFERENTIATED BIOLOGICAL CELLS THAT CAN DIFFERENTIATE INTO SPECIALIZED CELLS AND CAN DIVIDE (THROUGH MITOSIS) TO PRODUCE MORE STEM CELLS. EVERY DAY THERE ARE A GROWING NUMBER OF STUDIES SHOWING HOW STEM CELLS WHEN RE-INJECTED INTO THE BODY ARE HELPING WITH ARTHRITIS, DAMAGED HEART MUSCLE, DAMAGED LUNGS, DIABETES AND BRAIN DAMAGE. STEM CELLS TOGETHER WITH FAT TRANSPLANTS ARE BEING USED MORE FREQUENTLY AS A NATURAL BREAST AUGMENTATION FOR THOSE WHO DO NOT WANT SILICONE IMPLANTS. THEY ARE SIMILARLY BEING USED FOR AESTHETIC PROCEDURES IMPROVING THE RESULTS FROM FAT GRAFTING IN FACIAL REMODELING. GET IN TOUCH TO FIND OUT MORE ABOUT THE BENEFITS, USES AND PROCEDURES REQUIRED FOR STEM CELL TREATMENTS.

PRP

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THREADING

THREADS ARE SMALL SUTURES THAT WE THREAD UNDER THE SKIN WITH A THIN NEEDLE. THE NEEDLE IS REMOVED AND THE SKIN IS STIMULATED TO MAKE COLLAGEN ALONG THE LENGTH OF THE THREAD. THIS CAUSES A TIGHTENING AND LIFTING EFFECT IN THE SKIN. LIKE ANY DISSOLVABLE STITCH, THREADS GRADUALLY DISSOLVE AWAY OVER A FEW MONTHS LEAVING A SMALL COLLAGEN SCAFFOLDING IN THEIR PLACE.