



IHA
INSTITUTE OF
HEALTHY AGING



**Skincare Menu
2021**

Added Masques

GF Masque Lamelle (20min)	R300
Hyla Active Masque Dermapen (20min)	R300

Cautery

(Per area) Removal of single small veins on the face or body (15min)	R350+
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Carboxy therapy **POSSIBLE BRUISING**

Medical grade CO2 inserted into the skin to aid the drainage of toxins in the skin, great for dark circles around the eyes and dull looking skin

Fresh Eyes (15min)	R500
Fresh Eyes and Rosy Lips (20min)	R600
Carboxy Glow (30min)	R850

Dermapen **MINIMAL/POSSIBLE BRUISING**

New Skin Stimulation

Micro channels are created to induce controlled inflammation in the skin in order to have skin remodeling

Face and neck (90min)	R1 700
Face, neck and chest (Includes masque) (90min)	R2 500
Retinol Booster – intense anti-ageing and anti-pigment (90min)	R350
Glycolic Acid Booster – acneic & congested skins (90min)	R350
Photo-ageing Solution Booster – sun damage and ageing (90min)	R350
Dermapen per area, eg. scars (30min)	R1 000
Peel and Dermapen (Face and neck) (90min)	R2 200

Facial

Pore Cleansing Treatment (Basic soothing and deep cleansing facial, steam, extractions, face masque and massage) (75min)	R900
Hydrating Luxury treatment (75min)	R900

Laser

Light Stimulation, Rejuvenation

Express LASER Genesis (Rejuvenating and pore shrinking) (15min)	R900
LASER Genesis Treatment Full Face (Rejuvenating and pore shrinking) (45min)	R1 200
LASER Veins Express Treatment per 15 min (Nose veins, small threads and general redness) (15min)	R800

LED

Recovery Booster

LED light per 20 min (20min)	R250
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PRP MINIMAL BRUISING

Platelet Rich Plasma Therapy: Stem Cell/Scalp Booster. Aka Vampire Facial

PRP facial (90min)	R4 000
PRP scalp: Stimulation and reactivation of hair follicles on the scalp (90min)	R3 300
Peptide booster (Hair follicle booster)	R800
Ultimate Skin Rejuvantion (Peel, Alma, Fraxel & PRP) (120min)	R6 500

Peels SOME FLAKING

Chemical Stimulation, Exfoliation and Cell nutrition

Lunchtime Peel (Peel and extractions) (30min)	R700
Toxin Cleansing Peel (Peel with lymph drainage) (45min)	R700
Luxurious Anti-Aging Treatment (Including a peel, extractions, face masque and neck & shoulder massage or hand and arm massage) (75min)	R950
Added Lamelle Retinol 0.3 Serum Booster (15min)	R300
Skin Radiance Treatment (Vit C/ Citric peel, rejuvenating and glowing boost) (45min)	R1 000
Skin Radiance Treatment (Facial, extractions, masque and massage) (90min)	R1 500
Collagen Building Peel (Rejuvenation, Vit A peel) (30min)	R1 250
Skin Texture Correction Treatment (Advanced rejuvenation and skin texture correcting) Lamelle (60min)	R1 600
Advanced Skin Texture Correction Treatment (Advanced rejuvenation) TCA Classic (60min)	R2 500

Peel and LASER Combination

Express Skin Rejuvenation Treatment (+- 5 000 shots) (Skin exfoliation and rejuvenation, pore shrinking) (60min)	R1 400
LASER Genesis Luxury Treatment (+- 10 000 shots) (Skin exfoliation and rejuvenation, pore shrinking) (90min)	R2 300

Radiofrequency

Radio Frequency Waves, Skin tightening

Express Skin Tightening Treatment (Skin tightening, lymph drainage) (15min)	R1 000
Alma Luxury Treatment Full Face (Skin tightening, lymph drainage) Alma Luxury Treatment (30min)	R1 800
Fat Attack and Skin Tightening Treatment (fat dissolving) per area (45min)	R1 200
Advanced Skin Tightening Treatment (Advanced skin tightening, skin remodeling)	
-Eyes (45min)	R1 200
-Face (45min)	R3 000
-Face, neck and chest (45min)	R4 500
-Body (45min)	From R2 000

UltraSound

Fat Dissolving

Fat Attack Express Treatment (Fat dissolving) (15min)	R900
Fat Attack Treatment (30min)	R1 500
Fat Attack Treatment (60min)	2 400
Alma Body Contouring Combo (UltraSound and Radio Frequency) (150 min)	R2800 - R3200

Tint and Wax

Brow/ Lashes Tint (20min)	R120
Brow and Lashes tint (20min)	R200
Brow Shape (15min)	R100
Brow/ Lip/ Chin/ Nose/ Ears/ Sideburns Wax (15min)	R100

Titan laser

Superior Skin Tightening Treatment

Eg lower cheeks and jawline: recommended 30-40 shots	R2 400-R3 200
eyes : recommended 16 shots	R1 280

Transdermy

Hydration Booster

Transderm Hydration Boost (20min)	R500
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Vitale

Advanced Hydration Treatment

Vitale Skin Booster (90min)	R4 000
2nd vial (90min)	R2 800
Peel and Vitale (90min)	+ R500 to the above amount