



IHA
INSTITUTE OF
HEALTHY AGING



Pricelist 2020

Hormone / Weight Loss Health Consultation

Initial Consultation	R2 500
Follow up 30 min	R1 750
Follow up 15 min	R1 000
B-HCG weight-loss injections (1 bottle=2 weeks)	R1 000

Aesthetic Consultation

Consultation	R650
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Lipodissolve

Per vial	from R1 000
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Detox Treatments

Detox Drip	R2 200
Mini Detox Drip	R1 750
Water Therapy Massage Bed – per 30 min	R250
LED Light – per 30 min	R250

Sclerotherapy

30 min	R1 800
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Varicose Veins

Per Leg	R2 500
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Botox

Price per unit	R70
Eyes	R2 000
Frown	R2 000
Forehead	R2 600
3 Areas	R3 800
Bunny Lines	R400
Bruxism	from R2 500
Sweat (underarms, hands, feet)	from R3 000
Sweat per unit	R60
Migraine – per unit	R60

Filler

Lip	R4 600
Cheek – per vial	R4 600
Naso-labia	R4 000
Marionette	R4 000
Undereye	R2 800
Sculptra – per bottle	R5 500
Hands	R4 500
Half vial	R2 400

Threads

Per thread	R650
Silhouette Threads	R9 500
Aptos threads per thread	R1 800

Mesotherapy / Vitale Injector

1st vial	R4 000
2nd vial	R2 500

PRP (Platelet Rich Plasma)

PRP Facial	R4 000
PRP Scalp for Hair Loss	R3 300
PRP Joints	R2 500

Peels And Facials

Mini Express Facial 30 min	R500
Deep Cleanse 60 min	R700
Lunchtime AHA Peel 30 min	R700
Peel and Facial 60 min	R950
Retinol Peels	from R1 250
TCA Peels	from R1 600
Specialised Depigmentation Peels	POA

Peel And Laser Combinations

Peel and Laser Express 45 min	R1 400
Peel and Laser Special 90 min	R2 300

Carboxy

Carboxy Therapy	R800
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Transderm Mesotherapy

With ampoule	R500
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Dermapen

Full Face	R1 700
Full Face, Neck, Chest	R2 500
Full Face, Neck, Chest, Hands	R3 000

Alma Accent Cavitation And Radiofrequency Laser

Face and Neck Contouring	from R1 000
Body Contouring	R2 000

Cutera Nd Yag Laser

Half Face	R900
Full Face	R1 500
Veins per 15 min	R800

Cutera Limelight IPL Skin Rejuvenation

Face / Hands	R900
Face, Neck, Chest	R1 800
Face, Neck, Chest, Hands	R2 500

Cutera Titan Infra Red Skin Tightening

Per shot R80

Cutera Prowave IPL Hair Removal

Lip / Chin / Nipple / Toes	R400
Half Face / Neck	R800
Full Face / Beard	R1 200
Underarms / Bikini Line	R690
G-string	R750
Full Bikini	R950
Half Arm	R900
Full Arm	R1 200
Half Leg	R1 500
Full Leg	R2 500
Chest and Stomach	R1 700
Back, Neck, Shoulders	R3 000

Fraxel

Eyes	R1 200
Face	R3 000
Face, Neck, Chest	R4 500
Body	from R2 000

Hands And Feet

Spa Manicure / Pedicure	R450
File and Paint	R230
File and Paint with Gel Overlay	R350
Manicure / Pedicure with Gel Overlay	R600
Soak Off	R100

Waxing

	F	M
Lip / Chin / Nose / Ears / Sideburns	R90	R100
Half Leg	R200	R220
¾ Leg	R280	R300
Full Leg / Back / Chest	R320	R350
Underarm	R200	R250
Bikini	R200	R250
G-string	R300	R350
Full Bikini	R350	R450
Half Arm	R180	R200
Half Back	R200	R280
Full Back	R250	R320
Chest / Stomach	R180	R200

Extras

Eyelash / Eyebrow Tint	R120
Eyelash and Eyebrow Tint	R200
Eyebrow Shape	R100